Engaging Men and Boys to End Gender-Based Violence

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Men and Boys: The Mask We Live In

• Documentary on American Masculinity and its effects on men and boys (watch excerpt)

• Discussion and Reflection
Men and Domestic Violence/Gender-Based Violence

- Shifting focus to engaging men and boys in ending domestic violence/gender-based violence

- Focus expanding beyond men as perpetrators to men as victims and men as allies (boys too)

- What works? What is needed?

- Considerations in undertaking this work (opportunities and challenges)
A Healing Framework
A New Framework: More healing, less punitive

• Key stressors for survivors in the context of immigration

• Ulysses Syndrome

• Creating a healthier framework for survivors, families and those who exhibit abusive behavior
A Resiliency Framework for DV and ACES

• There is increased focus on ACES and the effects of trauma

• Need to operationalize ACES in programs and services

• ACES and Resiliency Screening (need both)
Undertaking Work with Men and Boys: Challenges and Opportunities
Challenges

• Accountability

• Cultural norms

• Need to emphasize equity
Opportunities

• Community Accountability

• Reduce the reliance on the criminal justice system as the only way to “help” perpetrators

• Greater focus on the whole family and maintaining safety and well-being of family members
Undertaking Work with Men and Boys: What Works?
Key Learnings

• Engage diverse men who have strong community networks

• Engage men who already believe they have a role to play

• Multi-disciplinary approaches are best and accountability and safety are paramount
Families for Peace
Men’s Group
Men, Boys and Gender-Based Violence

Partnership between Next Door Solutions, A Turning Point and The National Compadres Network
• Volunteers who have a history of domestic violence and are *not yet* system involved.

• 26 Week Program (14 weeks plus 12 weeks focused on family strengthening)

• 8 - 10 families (2 cohorts)
Process and Curriculum

- ACES - Trauma Measuring Tool
- ACES - Resilience Measuring Tool
- Intake Assessment (including a Lethality Assessment and Non-violence Behavioral Contract Agreement)
- SAFETY Focus Engage the Whole Family with assessment and focus on safety - Men’s Group is at a separate location - to avoid conflicts of interest and confidentiality concerns.
Process and Curriculum cont.

• Evidence Based Practices:
  • Cognitive Behavioral Therapy (CBT)
  • Motivational Interviewing (MI)

• Family Violence Prevention Fund Recommendations 2009

• Community Resources

• Culturally Responsive

• Strength Based and Accountability focus

• Typology focused for individualized treatment plans (e.g. individual therapy will be provided as an adjunct to the groups if needed)

• Problem Solving Education and Practice

• Substance Abuse Education (and referrals as needed)
Coaching Boys into Men
An evidence based curriculum for HS athletes
Partnership: ESUHSD and Next Door Solutions

• 24 H.S. Coaches trained
• 240 H.S. Athletes reached
• 12 week curriculum - Discussion weekly with athletes on different themes related to healthy relationships, respect and health
• Technical assistance and support for referrals from Next Door Solutions
• Pilot year - Anticipate expanding to other partners and school districts
DV Support Group for Male Survivors
Our Focus: Expansion and Analysis of the Needs of Male Survivors

• Recruitment of Males for Support Group - Goal is 21 actively participating
• Male Facilitator implements 14 week curriculum
• What we know:
  • Economic concerns
  • Concerns about impact to children
Questions or Feedback? Contact us!

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