In the Eye of the Beholder: A Coordinated Community Response through a Trauma Lens

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Learning Objectives

• Adverse Childhood Experiences (ACEs) as a Public Health Crisis.
• Early childhood development and the effects of domestic violence on the brain.
• The impact of domestic violence upon Transitional Aged Youth (TAY).
• Domestic violence and justice involvement.
• The necessity for a trauma informed Coordinated Community Response to domestic violence.
Coordinated Community Response is an intervention strategy developed by the Domestic Abuse Intervention Project (DAIP) in Duluth. This strategy, often called the "Duluth model," is a "system of networks, agreements, processes and applied principles created by the local shelter movement, criminal justice agencies, and human service programs that were developed in a small northern Minnesota city over a fifteen year period. It is still a project in the making."

Pence & McMahon
Adverse Childhood Experiences

ACEsConnection for Santa Clara County
What are we talking about??
ACEs, Trauma, and Resilience

- **ACEs:** The science: ACE surveys, toxic stress, epigenetics, and resilience research.
- **Trauma-Informed:** The lens: Trauma-informed principles, practices, and policies.
- **Resilience-Building:** The implementation: Resilience-building for individuals, families, systems, and communities.
Santa Clara County Data

- Total online survey respondents: 482
- Total completed ACE module respondents: 446
- No ACE 26%
- Low ACE (1-2) 41%
- High ACE (3-8) 33%

These estimates should be viewed with caution and may not be appropriate for planning or policy purposes.
### Prevalence of ACEs by Category

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parental Separation/Divorce</td>
<td>24%</td>
</tr>
<tr>
<td>Substance Use in Household</td>
<td>30%</td>
</tr>
<tr>
<td>Emotional Abuse</td>
<td>47%</td>
</tr>
<tr>
<td>Violence between adults in home</td>
<td>16%</td>
</tr>
<tr>
<td>Living with mentally ill in home</td>
<td>28%</td>
</tr>
<tr>
<td>Physical Abuse</td>
<td>23%</td>
</tr>
<tr>
<td>Sexual Abuse</td>
<td>18%</td>
</tr>
<tr>
<td>Living with incarcerated household member</td>
<td>8%*</td>
</tr>
</tbody>
</table>
Note: *+ indicates estimate is statically unstable due to relative standard error (*) of greater than 30% or less than 50 respondents in the denominator (+). These estimates should be viewed with caution and may not be appropriate for planning or policy purposes.

Source: Santa Clara County Public Health Department, 2013-2014 Behavioral Risk Factor Online Survey
Next steps:

- We are working with ACEsConnection Network to begin a movement within our COMMUNITY.
- We will be bringing to the table community members from all walks of life to begin the discussion on how we begin this work in our community.
- Our Public Health Department will begin to work on training, department wide, on Trauma Informed Systems 101. Along with Behavioral Health, Education, Child Welfare, Juvenile Justice and Primary Care.
California Counties Participating in ACEsConnection Network

- Mendocino
- Butte
- Yolo
- El Dorado
- Contra Costa
- San Mateo
- Siskiyou
- Shasta
- Sacramento
- Sonoma
Ideas from other ACE Task Force Coalitions

- Viewing of “Paper Tigers” documentary aimed at the Educators

- Working with area medical providers on the use of ACE scores with their patients to open the dialog regarding chronic disease and mental health needs.

- Opening the door for Managed Care plans to assist with informing clients of their possible ACE scores and how this will affect their health and choices.

- Encouraging all community businesses and organizations to become trauma informed.
We are excited...

• This is a collaborative effort, we hope to see participation from organizations, private and public as well as private citizens who are interested in making a difference in our community.
Domestic Violence in Pregnancy & Early Childhood
Pregnancy and Domestic Violence

- Between 4%-8% of women experience domestic violence during pregnancy
- Among women whose pregnancies were planned, 5.3% reported abuse during pregnancy
- Among women whose pregnancy was mistimed, 12.6% reported abuse
- Among women whose pregnancies were unwanted, 15.3% reported abuse.
- 50-70% of women were abused before pregnancy continued being abused during pregnancy
- 26% of pregnant teens reported being abused by their boyfriends and that the abuse intensified when they were told about the pregnancy

Source: National Coalition Against Domestic Violence
Effects of DV During Pregnancy

• Domestic Violence during pregnancy is linked to
  • Depression
  • Substance Abuse
  • Smoking
  • Anemia
  • First and second trimester bleeding
  • Reduction in birth weight

Source: National Coalition Against Domestic Violence
First Impressions: Exposure to Violence and a Child's Developing Brain
Effects of DV in Early Childhood

• Effects on relationship and attachment building
  • Unavailable caregiver effects the dyad’s ability to build a secure attachment
  • Sense of unsafety and instability

• Effects on development
  • Fewer brain connections
  • Sleep difficulties
  • Language development delays
  • Difficulty paying attention
Ways to Support a Child’s Healing

• External resources
  • Support that focuses on the parent-child relationship
  • Trauma based therapeutic support such as Child Parent Psychotherapy

• Develop healthy relationships and secure attachments
  • Teachers/Counselors
  • Immediate/extended family
  • Community relationships
Challenges

• Limited screening of DV during pregnancy
• Resources in the community for pregnant mothers.
• Understanding and Care coordination across systems
Dually Involved Youth / Transitional Age Youth
Meaningful Decisions from Mindful Discussions

Open mindedness and acceptance
DEFINING

Dually Involved Youth / Transitional Aged Youth
Dually Involved Youth ( DIY ) - 241.1 Target Pop. / Case

Juvenile Probation

- 602 WIC youth
- Non Ward w/ pending 602 & under the age of 16 ½ for whom there is reason to believe youth is at risk for abuse or neglect

DFCS

- 300 WIC Dependant youth w/ 602 petition filed & Under 16 ½
- 300 WIC Dependant youth between 10 and 14 w/ one or more citations year & NO 602 filed

Current DIY Youth Snapshot

- Age range
- Places of residence
- Family Status
From the DIY Perspective
Transitional Age Youth

Owning the Variably

Owning the Patience
Abuse or Neglect, Stressful or Traumatic Experiences and Household Dysfunction

- Sexual Abuse
- Family Violence
- Community Violence
- Death of a parent(s), best friend, sibling
- CSEC
- Verbal Abuse / Psychological Abuse
- Community / Family Displacement due to system involvement
- Prenatal Drug Expose leading to Organic Impairments and delay
A Case Study
Independence Defined as a System
Independence Defined by the Individual with High ACE
The Impact
The Impact
Growth Points

Individual
- What is happening to me?
- What happened to me?
- What is happening to them?
- How can I support you?
- Acknowledging internal bias
- Acknowledging the fit in case assignments
- Addressing status quo

Organizational
- Practices that support culture
- Cross system’s training
- Common Language
- Staff Support
- Secondary Trauma Reduction
- Growth Mindset
- Workplaces that validate staff culture and needs

Policy
- Collaboration - coherent to meeting the needs of the individuals with trauma
- Shared databases - monitoring and tracking for data collection
- Community stakeholders
- Re evaluating time lines to meet the needs of the individual from a trauma informed perspective
- Parity to streamline service implementation
What Happens Next?

Pathways and Programs

Integration and Self Care
Justice System Involvement
“It’s the human part of this process that each of us doing this work has brought into the room...This work begins with commitment. It begins with a commitment to women who are called names, beaten, kicked, pushed, stabbed, held hostage, raped, and subjected to constant attack on their very essence as human beings...This work offers each of us the opportunity to examine some of our most basic beliefs about who we are in relationship to our partners, our friends, and our community.”

Ellen Pence
Michael Paymar
The Duluth Model
Statistics- Santa Clara County

• 13 DV homicides in 2015 (8 victims and 5 perpetrators). None had Restraining Orders.

• 2 DV homicides in 2014 (ex-wife & wife) (60 & 80 Year old perpetrators).
  High of 21 in 2003.

• Average age of DV Perpetrator in Santa Clara County is 37 (range of 19 to 70 years).

• DV cases filed in 2015:
  2,686 cases; 1,929 Misdemeanors and 757 Felonies. 1,660 (37%) no criminal complaint filed.
  Total of 4,346.

• Restraining Orders were issued on every filed DV case.

• Civil Court issued 1,586 Civil Restraining Orders 2013.
One in four women will experience domestic violence in their lifetime.

An estimated 1.3 million women are victims of physical assault by an intimate partner each year.

85% of domestic violence victims are women.

Females are most often victimized by someone they knew.

Age of greatest risk is 18-24 years old. (Tweens 12 and up increasing)

Most cases are never reported to the Police.

Three women are killed by a current/former intimate partner each day.

Women are eight times more likely to be killed if their abuser has access to a gun.
Social & Public Health Problem
“He (Ray Rice) will be part of our team. He’s a person of character. The thing that’s really important is to be able to support the person without condoning the action. He makes a mistake. There’s no justifying what happened. When you drink too much in public, those kind of things happen.”

John Harbaugh
Baltimore Ravens Head Coach
March 2014
Probation Guiding Principals

• Protect victims, children, and other family members
• Stop the violence
• Uphold the legislative intent that domestic violence is a serious crime
• Hold the offender accountable and support the offender’s rehabilitation efforts
• Integrate Probation services with other community agency responses
This issue is a, “private matter... a family matter.”

Then San Francisco Sheriff Ross Mirkarimi-2012
Trauma Informed Coordinated Community Response to Domestic Violence
CCR Eight Essential Activities
Duluth Intervention Project, Pence.

1. Creating a coherent philosophical approach which centralizes victim safety.
2. Developing “best practice” policies and protocols for intervention agencies.
3. Reducing fragmentation in the system’s response.
4. Building monitoring and tracking into the system.
5. Ensuring a supportive community infrastructure.
6. Intervening directly with abusers to deter violence.
7. Undoing the harm violence to women does to children.
8. Evaluating the system’s response from the standpoint of the victim.
System Experiences

- Trauma
- Advocacy
- Programming
- Accountability
- Persistence
- Outcome based
- Victim centered approach
- Safety!!!
Victim Focused Approach
Voice, Choice, Support, Safety.

- Processes, Procedures, Decisions
- Rehabilitation, Programming, Intervention
- Consistency, Collaboration, Persistence
- Advocacy, Support, Resilience, Empowerment
- Humility, Responsiveness
- Paradigm shifting agents of change
Even the darkest night will end and the sun will rise.

Victor Hugo
Question and Answer