

Isolation, Quarantine & Testing Reference Guide for Providers

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Intended Audience: Healthcare Providers

Purpose: To provide a quick reference guide on COVID-19 isolation, quarantine, and testing guidelines

	Cases	
	Symptomatic	Asymptomatic
<p>Case (non-congregate, non-high-risk setting)</p>	<p>Isolation Period: Starts immediately. If case is symptomatic, isolation can be discontinued after:</p> <p>At least 10 days since symptoms first appeared, AND At least 24 hours with no fever (without the use of fever-reducing medications); AND Improvement in other symptoms.</p> <p>Testing: No additional testing needed after a positive test.</p>	<p>Isolation Period: Starts immediately and ends 10 days after collection date of positive test.</p> <p>Testing: No additional testing needed after a positive test.</p>
<p>Case (high-risk, congregate setting* [e.g., jails, shelters, SNFs/LTCFs], Healthcare workers, and first responders)</p> <p>*Schools are not high-risk congregate settings (unless living in dormitories).</p>	<p>Follow the same guidelines as above.</p>	<p>Follow the same guidelines as above.</p>
<p>Case (severely ill or immunocompromised)</p>	<p>Discontinuation of isolation policies in hospital settings should be determined by the individual institution. NOTE: The timeframe from symptom onset could be extended to up to 20 days for individuals who are severely immunocompromised (e.g., currently receiving chemotherapy, or recent organ transplant), or who had critical illness (e.g., required intensive care).</p>	

		Close Contacts	
		Symptomatic	Asymptomatic
Close Contact	<p>Quarantine Period: Starts immediately and ends 14 days after last exposure to case.</p> <p>If close contact continues to be exposed to a case during their isolation, the Quarantine Period starts immediately and ends 14 days after case's isolation period ends. This may last about 24 days.</p> <p>Testing:</p> <p>Test immediately because contact is symptomatic: If positive, continue to follow Home Isolation Steps. If negative and the test was earlier than 7 days after last exposure to case, repeat testing towards the end of the Quarantine Period. If negative and the test was done after 7 days from the last exposure to the case, no additional testing is needed, but the close contact must remain in quarantine for a full 14 days.</p>	<p>Quarantine Period¹: Starts immediately and ends 14 days after last exposure to case.</p> <p>If close contact continues to be exposed to a case during their isolation, the Quarantine Period starts immediately and ends 14 days after case's isolation period ends. This may last about 24 days.</p> <p>Testing²:</p> <p>Test at day 7 after last exposure to case. Test immediately, if the close contact becomes symptomatic during quarantine. If testing is done <u>earlier</u> than 7 days after the last exposure to case, repeat testing towards the end of the Quarantine Period.</p>	
	<p>¹Workers with special quarantine considerations: Consult your employer if you are considered a first responder or healthcare worker and compliance with the Public Health Department's isolation and quarantine guidance would compromise the continuity of service of your operation or department. If close contact occurred within the workplace, these individuals may be eligible to return to work sooner. However, if close contact occurred outside of the workplace (i.e., household contact), workers must quarantine for 14 days and not return sooner.</p> <p>²The Public Health Department may provide alternative testing recommendations in congregate settings and during cluster investigations.</p>		