



Communicable Disease Prevention and Control
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EXPOSURE NOTICE

Dear Parents:

On _____ your child may have been exposed to the communicable disease or condition that is listed below. The information provided does not replace talking with your healthcare provider if your child is ill. ***If your child has symptoms, please seek diagnosis and treatment from your healthcare provider.***

COMMUNICABLE DISEASE/CONDITION

FIFTH DISEASE: A mild infection with a rash, caused by human parvovirus B19.

What are the symptoms? Fever, headache, and/or sore throat. A rash on the face that looks like the child has been slapped on the cheeks typically appears 1 to 3 weeks after the initial symptoms. A lacelike rash may follow on the rest of the body.

How is it spread? Touching mucus from the nose or saliva from the mouth of an infected person.

When do symptoms start? 4 to 20 days after exposure to the virus.

Do I need to keep my child home? No, unless your child is unable to participate in activities.

When can my child return to school/childcare? Your child can return when fully able to participate in group activities.

Note: Pregnant women should carefully practice hand hygiene to reduce their risk of this infection.