EXPOSURE NOTICE

Dear Parents:

On __________________________ your child may have been exposed to the communicable
disease or condition that is listed below. The information provided does not replace talking with
your healthcare provider if your child is ill. If your child has symptoms, please seek
diagnosis and treatment from your healthcare provider.

COMMUNICABLE DISEASE/CONDITION

ROSEOLA (SIXTH DISEASE): A viral infection with a rash.

What are the symptoms? Fever (often high, above 103 °F), which can last 3 to 7 days, and a
red, raised rash. The rash appears the day the fever breaks.

How is it spread? Touching mucus from the nose or saliva from the mouth of an infected
person.

When do symptoms start? 5 to 15 days after exposure to the virus.

Do I need to keep my child home? No. However, your child should stay home if unable to
participate in group activities or has a fever.

When can my child return to school/childcare? Your child can return 24 hours after the last
fever (without taking fever-reducing medications) and when your child can fully join in group
activities.