Resources for Older Adults in Santa Clara County

211 Santa Clara County
Receive free, non-emergency community, health, and disaster information in Santa Clara County. 211 is confidential and available in over 170 languages.

24 hours a day, 7 days a week
dial 2-1-1
www.211bayarea.org

Sourcewise provides education, expertise, and quality support services to all seniors in Santa Clara County.

(408) 350-3200
www.mysourcewise.com

Revised 2020
**Counseling**

Catholic Charities Older Adult Behavioral Health Service  
(408) 325-5127  
www.catholiccharitiesscc.org

Behavioral Health Services - SCC  
(800) 704-0900 / (408) 885-5673  
www.sccgov.org/sites/bhd

Veteran’s Administration  
Mental Health: (800) 455-0057  
Psychiatry: (650) 493-5000  
www.paloalto.va.gov

Friendship Line - 24/7  
(800) 971-0016

**Nutrition**

Senior Nutrition Program  
(408) 975-4860  
www.sccgov.org/snp

Meals on Wheels  
(408) 350-3200, option 4  
www.mysourcewise.com/meals-wheels

Second Harvest Food Bank  
(800) 984-3663  
www.shfb.org/get-food

**Elder Abuse**

Adult Protective Services  
(408) 975-4900  
www.sccgov.org/sites/ssa/daas/aps

Long Term Care Ombudsman  
(408) 944-0567  
www.catholiccharitiesscc.org

**Legal**

Law Foundation of Silicon Valley  
(408) 293-4790  
www.lawfoundation.org

Senior Adults Legal Services (SALA)  
(408) 295-5991  
www.sala.org

**Transportation**

Avenidas Door to Door  
North County  
(650) 289-5411  
www.avenidas.org

Heart of The Valley Services for Seniors  
West Santa Clara Valley  
(408) 241-1571  
www.servicesforseniors.org

R.Y.D.E.  
Zip Codes 95032, 95070, 95030, 95120, 95124  
(408) 868-1257, RYDE@sascc.org

Zip Codes 95008, 95009, 95011, 95014, 95129, 95130  
(669) 220-0831,  
RYDEinfo@wvcommunityservices.org

Zip codes 95037, 95038  
(408) 310-4250, RYDE@mhcrc.org

www.rydescc.org

VTA Customer Service  
(408) 321-2300  
www.vta.org

**Specific Populations**

Asian Americans for Community Involvement (AACI)  
(408) 975-2730  
www.aaci.org

Billy DeFrank LGBTQ Community Center  
(408) 293-3040  
www.defrankcenter.org

India Community Center  
(408) 934-1130  
www.indiacc.org

Indian Health Center  
(408) 445-3400  
www.indianhealthcenter.org

Jewish Family Services of Silicon Valley  
(408) 556-0600  
www.jfssv.org

Portuguese Organization for Social Services and Opportunities (POSSO)  
(408) 293-0877  
www.portuguesecenter.org

Vietnamese Voluntary Foundation  
(408) 532-7755  
www.vivousa.org

Yu-Ai-Kai  
(408) 294-2505  
www.yuaikai.org

Korean American Community Services  
(408) 920-9733  
www.kacsssv.org