

Sourcewise provides education, expertise, and quality support services to all Santa Clara County adults, families and their caregivers.

Connect directly to Sourcewise services:  
**408-350-3200, option 1**  
**community@mysourcewise.com**



INFORMATION & AWARENESS



HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM



MEALS ON WHEELS



SENIOR EMPLOYMENT SERVICES



CARE MANAGEMENT

Questions on services available for you, a loved one, or a client?

Speak with trained Community Resource Specialists to receive your customized list of community-based organizations and the information, eligibility criteria, and procedures to access services.

Visit us online!

Search our Resource Connection for services available in Santa Clara County.  
[www.mysourcewise.com](http://www.mysourcewise.com)

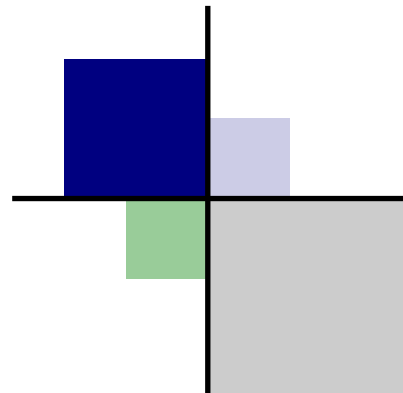


**211 Santa Clara County**

Receive free, non-emergency community, health and disaster information in Santa Clara County. Highly-trained Call Specialists can answer questions about a variety of nonprofit services and agencies. 211 is confidential, available in over 170 languages and **available 24 hours a day, 7 days a week.**

**Phone: Dial 2-1-1**

**Website: [www.211scc.org](http://www.211scc.org)**



**Department of Aging and Adult Services**

**Social Services Agency- Department of Aging and Adult Services (DAAS)** promotes a safe and independent lifestyle for seniors, dependent adults and the disabled through the delivery of protective services, quality nutrition and supportive in-home services.

In addition, DAAS evaluates community needs, develops programs and services, and advises on matters of policy that concern the welfare of seniors and persons with disabilities.

**Phone: 408-755-7600**

**Website: [www.sccgov.org/daas](http://www.sccgov.org/daas)**

**Adult Protective Services**

Phone: 408-975-4900

24-Hour Report Line: 800-414-2002

**In-Home Supportive Services**

(Medi-Cal eligibility required)

Phone: 408-792-1600

**Public Administrator/Guardian/Conservator**

Phone: 408-755-7610

**Senior Nutrition Program**

Phone: 408-755-7680



**The Health Trust's (THT) Healthy Aging Initiative** works to ensure that older adults spend more years in good health and engaged as vital members of our community. Two of our programs are:

**Senior Peer Advocate (SPA)** program trains and certifies older adult volunteers to provide one-on-one *information and assistance* to their peers or family caregivers needing resources for:

- Transportation
- Housing
- Health Care
- Caregiving and Family support
- Social/Education Activities
- Legal services

SPA volunteers can be found at senior center locations in the county. These locations are posted on the website below.

**AGENTS for Change** program enlists and trains volunteers for social action around issues that impact older adults' ability to live with dignity, choice and independence in the community.

Visit our website for information about either of these programs.

**Phone: 408-513-8700**

**Website: [www.healthtrust.org](http://www.healthtrust.org)**

Click on Healthy Aging

## Caregiver Support

*Alzheimer's Association*  
800-272-3900  
[www.alz.org/norcal/](http://www.alz.org/norcal/)

*Avenidas-Palo Alto*  
650-289-5400  
[www.avenidas.org](http://www.avenidas.org)

*Catholic Charities Day Break Respite & Caregiver Support Services*  
408-325-5186  
[www.daybreakcares.org](http://www.daybreakcares.org)

*Family Caregiver Alliance*  
800-445-8106  
[www.caregiver.org](http://www.caregiver.org)

*VA Caregiver Support*  
855-260-3274  
[www.caregiver.va.gov](http://www.caregiver.va.gov)

## Counseling

*Santa Clara County Mental Health Services*  
800-704-0900 or 408-885-5673  
[www.sccgov.org/sites/mhd/](http://www.sccgov.org/sites/mhd/)

*Veteran's Administration*  
800-455-0057 - Mental Health  
650-493-5000 - Psychiatry  
[www.palo-alto.med.va.gov](http://www.palo-alto.med.va.gov)

## Elder Abuse

*Adult Protective Services*  
408-975-4900  
[www.sccgov.org/aps](http://www.sccgov.org/aps)

*Long Term Care Ombudsman Program Crisis Line*  
800-231-4024  
[www.catholiccharitiesscc.org](http://www.catholiccharitiesscc.org)

*Silicon Valley FACES-Victims Assistance*  
408-295-2656  
[www.svfaces.org](http://www.svfaces.org)

## Financial & Legal

*Legal Aid Society of Santa Clara County*  
408-998-5200  
[www.legalaidsociety.org](http://www.legalaidsociety.org)

*Senior Adults Legal Services (SALA)*  
408-295-5991  
[www.sala.org](http://www.sala.org)

## Nutrition

*Santa Clara County - Meals on Wheels*  
408-975-4860  
[www.sccgov.org/mow](http://www.sccgov.org/mow)

*Second Harvest Food Bank-Brown Bag Prog.*  
800-984-3663  
[www.shfb.org/brownbag](http://www.shfb.org/brownbag)

*Senior Nutrition Program  
County of Santa Clara, Department of Aging  
and Adult Services*  
408-755-7680  
[www.sccgov.org/snp](http://www.sccgov.org/snp)

*Sourcewise - Meals on Wheels*  
408-350-3246  
[www.mysourcewise.com/meals-wheels](http://www.mysourcewise.com/meals-wheels)

*The Health Trust - Meals on Wheels*  
408-961-9870  
[www.healthtrust.org](http://www.healthtrust.org)

## Specific Populations

*Asian Americans for Community Involvement (AACI)*  
408-975-2730  
[www.aaci.org](http://www.aaci.org)

*Billy DeFrank LGBT Community Center*  
408-293-3040  
[www.defrankcenter.org](http://www.defrankcenter.org)

*Catholic Charities of Santa Clara County*  
408-468-0100  
[www.catholiccharitiesscc.org](http://www.catholiccharitiesscc.org)

## Specific Populations (con't)

*India Community Center*  
408-934-1130  
[www.indiacc.org](http://www.indiacc.org)

*Indian Health Center of SCC*  
408-445-3400  
[www.indianhealthcenter.org](http://www.indianhealthcenter.org)

*Jewish Family Services of Silicon Valley*  
408-556-0600  
[www.jfssv.org](http://www.jfssv.org)

*Korean American Senior Citizens League*  
408-247-0605

*On-Lok Lifeways*  
(This program has special qualifications.)  
408-535-4600  
[www.onlok.org/](http://www.onlok.org/)

*Portuguese Organization for Social Services and Opportunities (POSSO)*  
408-293-0877  
[www.portuguesecenter.org](http://www.portuguesecenter.org)

*Vietnamese Voluntary Foundation (VIVO)*  
408-532-7755

*Yu-Ai-Kai*  
408-294-2505  
[www.yuaikai.org](http://www.yuaikai.org)

## Transportation

*Heart of the Valley, Services for Seniors*  
408-241-1571  
[www.servicesforseniors.org](http://www.servicesforseniors.org)

*VTA Customer Service*  
408-321-2300  
[www.vta.org](http://www.vta.org)

# A Good Place to Start



*Connections to Resources  
for Older Adults in Santa  
Clara County*

*Compiled by volunteers with*



2016