



Sourcewise provides education, expertise, and quality support services to all Santa Clara County adults, families and their caregivers.

Connect directly to Sourcewise services:
408-350-3200, option 1
community@mysourcewise.com



INFORMATION & AWARENESS



HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM



MEALS ON WHEELS



SENIOR EMPLOYMENT SERVICES



CARE MANAGEMENT

Questions on services available for you, a loved one, or a client?

Speak with trained Community Resource Specialists to receive your customized list of community-based organizations and the information, eligibility criteria, and procedures to access services.

Visit us online!

Search our Resource Connection for services available in Santa Clara County.
www.mysourcewise.com

★ OUTREACH

OUTREACH's Senior Outreach Program assists lower income seniors with obtaining services and benefits (Medicare, SSI, HEAP, IHSS, etc.) from public and private entities. Individualized assistance includes benefits' assessments, translations, and assistance completing application forms.

Senior Transportation and Resources (STAR) Program offers affordable transportation for seniors, regardless of income, to doctor appointments or other destinations that support healthy living. Services include a range of transportation options.

Phone: 408-436-2865, ext. 276
Website: www.outreach1.org
Click on Senior Services



211 Santa Clara County
Receive free, non-emergency community, health and disaster information in Santa Clara County. Highly-trained Call Specialists can answer questions about a variety of nonprofit services and agencies. 211 is confidential, available in over 170 languages and **available 24 hours a day, 7 days a week.**

Phone: Dial 2-1-1
Website: www.211scc.org



Department of Aging and Adult Services

Social Services Agency- Department of Aging and Adult Services (DAAS) promotes a safe and independent lifestyle for seniors, dependent adults and the disabled through the delivery of protective services, quality nutrition and supportive in-home services.

In addition, DAAS evaluates community needs, develops programs and services, and advises on matters of policy that concern the welfare of seniors and persons with disabilities.

Phone: 408-755-7600
Website: www.sccgov.org/daas

Adult Protective Services
Phone: 408-975-4900
24-Hour Report Line: 800-414-2002

In-Home Supportive Services
(Medi-Cal eligibility required)
Phone: 408-792-1600

Public Administrator/Guardian/Conservator
Phone: 408-755-7610

Senior Nutrition Program
Phone: 408-755-7680



The Health Trust's (THT) Healthy Aging Initiative works to ensure that older adults spend more years in good health and engaged as vital members of our community. Two of our programs are:

Senior Peer Advocate (SPA) program trains and certifies older adult volunteers to provide one-on-one *information and assistance* to their peers or family caregivers needing resources for:

- Transportation
- Housing
- Health Care
- Caregiving and Family support
- Social/Education Activities
- Legal services

SPA volunteers can be found at senior center locations in the county. These locations are posted on the website below.

AGENTS for Change program enlists and trains volunteers for social action around issues that impact older adults' ability to live with dignity, choice and independence in the community.

Visit our website for information about either of these programs.

Phone: 408-513-8700
Website: www.healthtrust.org
Click on Healthy Aging

Caregiver Support

Alzheimer's Association
800-272-3900
www.alz.org/norcal/

Avenidas-Palo Alto
650-289-5400
www.avenidas.org

Catholic Charities Day Break Respite & Caregiver Support Services
408-325-5186
www.daybreakcares.org

Family Caregiver Alliance
800-445-8106
www.caregiver.org

VA Caregiver Support
855-260-3274
www.caregiver.va.gov

Counseling

Santa Clara County Mental Health Services
800-704-0900 or 408-885-5673
www.sccgov.org/sites/mhd/

Veteran's Administration
800-455-0057 - Mental Health
650-493-5000 - Psychiatry
www.palo-alto.med.va.gov

Elder Abuse

Adult Protective Services
408-975-4900
www.sccgov.org/aps

Long Term Care Ombudsman Program Crisis Line
800-231-4024
www.catholiccharitiesscc.org

Silicon Valley FACES-Victims Assistance
408-295-2656
www.svfaces.org

Financial & Legal

Legal Aid Society of Santa Clara County
408-998-5200
www.legalaidsociety.org

Senior Adults Legal Services (SALA)
408-295-5991
www.sala.org

Nutrition

Santa Clara County - Meals on Wheels
408-975-4860
www.sccgov.org/mow

Second Harvest Food Bank-Brown Bag Prog.
800-984-3663
www.shfb.org/brownbag

*Senior Nutrition Program
County of Santa Clara, Department of Aging
and Adult Services*
408-755-7680
www.sccgov.org/snp

Sourcewise - Meals on Wheels
408-350-3246
www.mysourcewise.com/meals-wheels

The Health Trust - Meals on Wheels
408-961-9870
www.healthtrust.org

Specific Populations

Asian Americans for Community Involvement (AACI)
408-975-2730
www.aaci.org

Billy DeFrank LGBT Community Center
408-293-3040
www.defrankcenter.org

Catholic Charities of Santa Clara County
408-468-0100
www.catholiccharitiesscc.org

Specific Populations (con't)

India Community Center
408-934-1130
www.indiacc.org

Indian Health Center of SCC
408-445-3400
www.indianhealthcenter.org

Jewish Family Services of Silicon Valley
408-556-0600
www.jfssv.org

Korean American Senior Citizens League
408-247-0605

On-Lok Lifeways
(This program has special qualifications.)
408-535-4600
www.onlok.org/

Portuguese Organization for Social Services and Opportunities (POSSO)
408-293-0877
www.portuguesecenter.org

Vietnamese Voluntary Foundation (VIVO)
408-532-7755

Yu-Ai-Kai
408-294-2505
www.yuaikai.org

Transportation

Heart of the Valley, Services for Seniors
408-241-1571
www.servicesforseniors.org

Outreach
408-436-2865
www.outreach1.org

VTA Customer Service
408-321-2300
www.vta.org

A Good Place to Start



*Connections to Resources
for Older Adults in
Santa Clara County*

Compiled by volunteers with



2015