Seniors' Agenda Network Summit

August 31, 2016

Age Wave Meets the Technology Wave

Richard Adler

Aging and Technology are two megatrends that are beginning to interact with one another.

In the past, older adults were seen as "late adopters" of technology and products were not designed with older adults in mind. However, a wave of new entrepreneurial start-ups have focused on this market and are developing innovative new products and services that could help older adults age better and live independently longer. Dr. Adler discussed how technology will help us all age in place. A copy of Dr. Adler's Power Point presentation is located at www.sccgov.org/daas.

PARTICIPATION

- 170 Attendees

- 80 Agencies

AGENDA AT A GLANCE

1:00 p.m.   **Refreshments & Networking**

1:30 p.m.   **Welcoming Remarks**

Ken Yeager, Supervisor
Santa Clara County

Jason Baker, Mayor
City of Campbell

2:00 p.m.

L.I.F.E File
Gina Cali,
Santa Clara County Fire Department

Sit2Stand Challenge - Falls Prevention
Vanessa Merlano,
Public Health Department

2:15 p.m.   **Keynote Speaker**

Richard Adler,
Institute for the Future

Age Wave Meets the Technology Wave

2:50 p.m.

Age Friendly Survey
Cynthia Nakayama,
CAFÉ Project Director

3:20 p.m.

- ♦ **Senior Agenda Huddles**
- ♦ **Fall Events**
- ♦ **Information for November 8th Election**

3:30 p.m.   **Closing Remarks**

FOR MORE INFORMATION ON THE SENIORS' AGENDA, PLEASE VISIT:
WWW.SCCGOV.ORG/DAAS

Lifesaving Information For Emergencies (L.I.F.E.) File

The L.I.F.E. File is a simple tool individuals and families may use to assist emergency responders during a medical emergency.

Emergencies can happen when we least expect them to and many of the requests for Emergency Medical Services (EMS) happen within the home. First Responders rely heavily upon the patient, and/or the patient's family members, to provide information used to help in the treatment and care of the patient. The information includes past pertinent medical history, allergies to medications, medications currently prescribed to the patient, advanced medical directives and any additional information. However, there are times when the patient is unable to provide this information and family members may not be present or available to assist Fire Responders during a medical emergency.

For more information visit:
http://www.sccfd.org/community-education/safety-information-referral-assistance/l-i-f-e-file

SAVE THE DATE! Next Network Summit:

January 24, 2017

AGE FRIENDLY SANTA CLARA COUNTY

Congratulations to Morgan Hill & Saratoga on becoming Age-Friendly Cities!

Upcoming Events

⇒ **24th Annual Senior Resource and Wellness Fair:** Thursday, September 29th, 9:30 a.m. to 12:30 p.m., Mexican Heritage Plaza-1700 Alum Rock Ave., San Jose-**FREE**

⇒ **Senior Safari Walkabout:** Thursday, October 27th, 9 a.m. - 10 a.m., Happy Hollow Park and Zoo-1300 Senter Rd.-**FREE**

⇒ **"Being Mortal" Screening and Panel Discussion: End of Life** Thursday, October 20th, 2 p.m.– 4 p.m., Morgan Hill Community Center-17000 Monterey Street, Morgan Hill-**FREE**

⇒ **ASC/SVCN Health and Housing Summit: Caring for our Seniors** Thursday, December 1st, 8:30 a.m. - 2 p.m., Sobrato Center for Nonprofits-1400 Parkmoor Avenue, San Jose