Seniors' Network Summit
SMART Goal

To reduce the provider phone wait time by 25% of an average of 30 minutes from the May, 2017 baseline by 10/31/17.
Measuring Improvement

IHSS-Average Provider Phone Wait Time (minutes)

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GOAL

Voicemail Started 8/4/17
Accomplishments
• Hybrid advocacy and direct program provider
• Promote other agencies’ local programs
• Opportunities to learn more about Age Friendly San Jose
• Engage with issues of aging
• Planning for growing senior population
Wonders of the natural world. Feel like a kid again.
Healthy breakfasts available. Animal meet & greets.
Beautiful sights & sounds. 10,000 step routes.

Senior Safari Walkabout 2017

Exclusively for ages 50 and over. Free admission & parking — stay all day!
Select Thursdays: May 25, June 22, July 27, August 24, September 28, October 26. 9:00 - 10:00 AM

For more information, please call 408-794-6400 or visit HHIPZ.org
L.I.F.E. File
Lifesaving Information for Emergencies
(408) 378-4010
I’m a Dementia Friend

Dave Cortese
January 24, 2017

#dementiafriend
Help us reach our goal!

Become a Dementia Friend today!

www.dementiafriendsusa.org

5,000 Dementia Friends by January 2018
**GOAL:** All Santa Clara County Cities designated as Age-Friendly

**DESIGNATION RECEIVED**
- Campbell
- Los Altos and Los Altos Hills
- Los Gatos
- Milpitas
- Mountain View
- Morgan Hill
- Palo Alto
- Saratoga
- San Jose
- Santa Clara

**AWAITING DESIGNATION**
- Cupertino
- Gilroy
- Monte Sereno
- Sunnyvale
- Santa Clara County
Congratulations!
AGE-FRIENDLY NETWORK
KICK-OFF MEETING

FRIDAY, October 27th
10:00am to 12:00pm

SSA Auditorium
333 West Julian St, San Jose

- 15 cities’ taskforces, staff, elected officials, older adults
- Share local projects
- Develop countywide plan of action
- Plan for January 10, 2018 Age-Friendly celebration
In case you missed it, we’re all getting older!

We can’t stop aging, but we can have a better quality of life as we age. That’s why it’s important to know what YOU think the most important issues are for seniors as well as how the County can be more helpful to seniors.

The aging issue is a global phenomenon, and the World Health Organization is addressing this trend through a new program known as Age Friendly. Santa Clara County is working hard to be designated the first Age Friendly county in the nation by 2017.

We need your help.
Whether you’re young, senior, or somewhere in between, please visit AgeFriendlySiliconValley.org for the countywide survey to inform each of our cities of your ideas on the needs and challenges of older citizens. You can take the survey in English, Spanish, Chinese or Vietnamese.

2016 Santa Clara County Age Friendly Survey: Key Findings

Presented by:
Roshni Shah
Senior Research and Evaluation Specialist
Office of Research and Evaluation
Santa Clara County Social Services Agency
Overview

• Survey Methodology

• Key Findings from the Survey

• Next Steps
Survey Methodology

• Survey in 4 languages: English, Spanish, Chinese and Vietnamese

• Outreach done through:
  • Advertisement in SJ Mercury News
  • Cities age-friendly task forces
  • Meals on Wheels
  • Community centers and events
  • Mobile home parks
  • Low income senior housing
  • LGBT Community

• Survey dates: May 2016 – October 2016

• 37 focus groups were also conducted

• Participation was from all 15 cities in Santa Clara County
Survey Demographics

• Gender: Male (29%), Female (71%)
• Average age of respondents: 71 years
• 65% of respondents have lived in the county for 25 years or more

Racial Breakdown of Respondents

Source: 2016 Santa Clara County Age-Friendly Survey
KEY SURVEY FINDINGS
Your Community

- 80% of adults reported their city as excellent or very good for people to live as they age.

- Two-thirds of respondents (66%) said it was extremely or very important to remain in their city as they age.
Housing

• The majority of respondents reported living in a single family home (72%), followed by an apartment (11%).

• The top types of modifications that older adults would make to their homes to enable them to stay there as they age are:
  • Bathroom modifications
  • Installing a medical emergency response system
Outdoor Spaces & Buildings

- The top three items that respondents reported it are extremely or very important to have are:

  - **Sidewalks** that are in good condition, free from obstruction and are safe for pedestrian use and accessible for wheelchairs or other assistive mobility devices (91%)

  - **Well-maintained public buildings and facilities** that are accessible to people of different physical abilities (89%)

  - **Separate pathways** for bicyclists and pedestrians (87%)
Transportation & Streets

• The main methods for getting around:
  • 91% drive
  • 61% walk

• Extremely or very important to have:
  • Well-lit, safe streets and intersections for users (95%)
  • Well-maintained streets (93%)
  • Easy to read traffic signs (93%)

Walking Safety for Seniors
Health & Wellness

- 69% report their health as being excellent or very good compared to most people their age
- 84% report engaging in some form of physical exercise from several times a week to everyday
Social Participation, Inclusion & Education Opportunities

• The top three items that respondents reported are extremely or very important to have are:
  • Activities that are **affordable** to all residents (85%)
  • **Accurate and widely publicized** information about social activities (81%)
  • Activities that **offer senior discounts** (79%)
Job Opportunities

• Nearly two-thirds (65%) of respondents are retired, not working at all.

• 41% of respondents reported that extremely or very likely that they will continue to work for as long as possible, rather than choosing to retire and no longer work for pay.
Community Information

Top 3 resources use for information about services for older adults:

• Local senior center (85%)

• Internet (79%)

• Doctor or other health care professional (71%)
What’s next?

Community Conversations
Community Conversations

• Purpose:
  • To take a deeper dive into the data
  • To create a plan of action
Community Conversations
Bascom Community Center

- September 27 from 11-2PM
  - Housing
  - Outdoor Spaces and Buildings
  - Transportation and Streets
  - Community Information

- October 4 from 9-12PM
  - Health and Wellness
  - Dementia-related Support
  - Social Participation, Inclusion
  - Employment and Education Opportunities
  - Volunteering and Civic Engagement
THANK YOU!
Please join us at the 2017 Bay Area Senior Health Policy Forum

“REFRAMING AGING”

We will discuss how to reframe issues that impact the Bay Area’s growing aging population, how to improve aging services and make thoughtful policy changes.

Wednesday, December 6, 2017
South San Francisco Conference Center
www.shpf.elders.org
Questions? Katherine Kelly, On Lok kkelly@onlok.org
Opportunities and Resources
You've lost that lovin' feelin'
Loneliness and Social Isolation: A Need for Community

November 9th - 10:00 am to 12:00 pm
SSA Auditorium - 333 W. Julian St., San Jose
IMPROVING OLDER ADULT FOOD ACCESS THROUGH INNOVATION

TUESDAY, SEPTEMBER 19TH
3:00 TO 4:30 PM

SOBRATO CENTER FOR NONPROFITS
1400 PARKMOOR AVE, SAN JOSE
50X50 WALK A MILE CHALLENGE

SAN JOSE PARKS, RECREATION & NEIGHBORHOOD SERVICES
Building Community Through Play

Live TAI CHI IN THE PARK

SAN JOSE PARKS, RECREATION & NEIGHBORHOOD SERVICES

VIVA CALLES SJ
OPEN STREETS SAN JOSE

17TH SEPT | 2017
10AM TO 3PM

FOLLOW @VIVACALLESJ
HASHTAG #VIVACALLESJ
VISIT VIVACALLESJ.ORG

MAP DETAILS
- Viva Calles SJ Route
- Vehicle Crossing
- Light Rail Crossing

ACTIVITY HUBS
1. Japantown
2. Roosevelt Park
3. Mexican Heritage Plaza
4. Alum Rock Village
5. Lake Cunningham Park

SAN JOSE STATE UNIVERSITY
E. SANTA CLARA ST
SAN JOSE
E. S. JAMES ST
6TH ST.
E. JULIAN ST.
S. KING RD.
N. KING RD.
N. JACKSON AVE.
10TH ST.
JACKSON ST.
1ST ST.
280 HIGHWAY
E. TAYLOR ST.
17TH ST.
N. JACKSON AVE.
JAPANTOWN
ROOSEVELT PARK
ALUM ROCK AVE.
MEXICAN HERITAGE PLAZA
E. SAN ANTONIO ST.
ALUM ROCK VILLAGE
MCKEE RD.
OCALA AVE.
TULLY RD.
TULLY RD.
S. WHITE RD.
MARTEN AVE.
LAKE CUNNINGHAM PARK

SAN JOSE
OPEN STREETS SAN JOSE
TAI CHI IS A WAY TO IMPROVE YOUR HEALTH, INCREASE BALANCE, AND REDUCE YOUR STRESS LEVELS.

JOIN US FOR FUN

#FPSCCTAI CHI

Live TAI CHI

try some t'ai chi moves
and stream them on facebook

SEPTEMBER 22ND

Learn more about Tai Chi in your community at http://www.svhap.org/falls-prevention/

JOIN FPSCC FOR A NEW AND CHALLENGING OPPORTUNITY
REAL LIFE HEROES
Become a community volunteer!

Friday, September 1st
9:30am to 11:30am
Southside Community Center
Multi-purpose Room
5585 Cottle Rd, San Jose

25th Annual Senior Resource and Wellness Fair
Monday, October 16th
9:30am to 12:30pm
San Jose City Hall
Rotunda & Committee Rooms
200 E. Santa Clara St, San Jose

Senior Resource Fair
Sponsored by Westmont Living of Morgan Hill
Friday, October 13th
10:00am to 1:00pm
Morgan Hill Community and Cultural Center
17000 Morgan Hill Rd, Morgan Hill

SASCC HEALTH FAIR 2017
Saturday, October 21, 2017
9 a.m. - 12 Noon
Joan Pisani Community Center
Saratoga Senior Center & Adult Care Center
19655 Allendale Ave, Saratoga
LOW-COST INTERNET ACCESS FOR SENIORS

LEARN MORE. DO MORE. SHARE MORE.

$9.95 a month + tax

NO CREDIT CHECK
NO INSTALLATION FEE
NO TERM CONTRACT
15 Mbps
IN-HOME WiFi INCLUDED

Apply now

access from AT&T

The digital world is full of possibilities. AT&T is making it easier to connect to friends, family, and the things that matter most.

Get started
Help end homelessness!

SATURDAY, SEPT 9TH
9:00AM TO 10:00AM

DOWNTOWN DROP DOWN
GO OVER THE EDGE TO END HOMELESSNESS
Thank You For Joining Us