WHAT DO YOU WANT FOR YOUR FUTURE?

Job training?
A new career?
New job search skills?
Paid work experience?
Help with your resume?
Improved Math or English skills?

DO YOU QUALIFY?

You may qualify if you get CalFresh Food benefits. Help with your application is available.

ARE YOU RECEIVING CALFRESH?

Need a New Career Path?

CFET CAN HELP!

Funding provided by United States Department of Agriculture.
USDA is an Equal Opportunity Provider, Employer, and Lender.

<table>
<thead>
<tr>
<th>Household Size</th>
<th>Gross Monthly Income</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$2,082</td>
</tr>
<tr>
<td>2</td>
<td>$2,820</td>
</tr>
<tr>
<td>3</td>
<td>$3,556</td>
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<tr>
<td>4</td>
<td>$4,292</td>
</tr>
<tr>
<td>5</td>
<td>$5,030</td>
</tr>
<tr>
<td>6</td>
<td>$5,766</td>
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<tr>
<td>7</td>
<td>$6,502</td>
</tr>
<tr>
<td>8</td>
<td>$7,240</td>
</tr>
<tr>
<td>Each Add'l Member</td>
<td>+ $738</td>
</tr>
</tbody>
</table>

*Additional eligibility criteria apply. Court ordered Child Support paid out may be excluded from the Gross Monthly Income.

If not...
Our partner agencies can help you apply
Or apply online or by phone:
www.MyBenefitsCalWIN.org
Phone: 1.877.962.3633
What is the CalFresh Employment & Training (CFET) Program?

CFET is a program that helps CalFresh Food recipients gain skills, tools and training to find a living wage job. Participants can engage in a variety of activities: Supervised Job Search, Work Experience, Vocational Training, Pre-Apprenticeship/Apprentice, Adult Education, and Job Retention. Fee is waived for CalFresh recipients.

What can CFET help you do?

Some things CFET may help you do are:
- Start a career;
- Write an effective resume;
- Receive paid work experience;
- Improve your interviewing skills;
- Get your high school equivalency certificate;
- Learn new job skills in professional, technical or vocational programs;
- And help you meet your ABAWD work requirements to keep your CalFresh Food benefits!

Visit CalFresh Employment & Training at http://www.sccgov.org/sites/ssa/debs/Pages/cfet.aspx