Grand Prizes

Participants must log a grand total of at least **1500 minutes of cardio exercise and 600 minutes of muscle-strengthening activity** by the end of the 10-week challenge to be entered for a chance to win one of the following:

**Cook Up Comfort Cookbook** – Weight Watchers teamed up with Chef Eric Greenspan to bring you recipes for 160 comfort food favorites. You’ll learn new recipes for breakfast, lunch, dinner, snacks and desserts.

**Mountain Bike** - This 21-speed bike is loaded with twist grip Shimano index shifting, linear pull MTB brakes, dual suspension frame, and a comfortable saddle. Kickstand is included. Assembly required. *Donated by Kaiser Permanente.*

**Annual Vehicle Park Entry Pass** – 1 pass to cover all vehicle entry fees at all Santa Clara County Parks. *Donated by Santa Clara County Parks and Recreation Department.*

**Electronic Toothbrush** – 1 Oral B Vitality Toothbrush. *Donated by Delta Dental.*

**Sunglasses** – 1 pair of Women’s Chloe sunglasses and 1 pair of Men’s Nautica polarized sunglasses. A stylish way to protect your eyes from the sun! *Donated by Vision Service Plan (VSP).*

**Fitness Kit** – This fitness kit includes a Yoga mat, Dyna-Band, a stainless-steel water bottle and portable charger. These tools will help you build strength and stay hydrated! Yoga bag included. *Donated by Valley Health Plan.*

*Items above may vary in color and design.* The Employee Wellness Division will randomly select and notify winners via email. Winners will be contacted by May 29, 2020.