On-Site Chair Massage Services

District Attorney's Office - North County
270 Grant Avenue, Palo Alto
Available every other Wednesday
11:00am to 2:00pm
Room: 4th Floor Breakroom

What is chair massage?
Seated chair massage is provided on a specially designed chair by a certified massage therapist. The focus is on the upper body - head, neck, shoulders, back and arms.

What are the benefits
- Reduce physical and mental effects of stress
- Relieve physical problems related to repetitive tasks
- Improves mental alertness and ability to focus
- Ease headaches and stiff/sore muscles
- Lessen the effects from too much sitting

What is the cost?
Cost is $1 per minute, minimum 10 minute appointments. Payment is collected through online link when scheduling your appointment.

Please visit
www.sccgov.org/wellness/chairmassage

Questions?
Please contact Savanh Prasasouk at: 650-324-6400 for any chair massage questions at this location.

Services provided by:
Corporate SOUL
State of WELLNESS
County of Santa Clara
(408) 885-3620
wellness@ewd.sccgov.org
www.sccgov.org/wellness